

NAUTILUS HUMANSPORT™



A PERFECT FIT FOR EVERY USER

With a design inspired by the graceful, natural motions of the human body, HumanSport® offers a truly unique and human way of conditioning. HumanSport® is so simple, so intuitive and so natural that it feels as if it were custom-built for each and every user. Six dual-function, cable based machines act as twelve workout stations by utilizing dual weight stacks to provide a wide range of total body training. Paired with a variety of included programming designed by our own Master Trainers, HumanSport® makes a powerful addition to any facility.

corehealthandfitness.com

FEATURES



EASY TO USE LOCK N LOAD® TECHNOLOGY ELIMINATES LOST, BROKEN OR BENT PINS



DESIGNED WITH TWO WEIGHT STACKS FOR MULTIPLE TRAINING OPTIONS



LOW 5 LBS (2.3 KG) STARTING RESISTANCE IS IDEAL FOR REHABILITATION



WE OFFER A WIDE VARIETY OF TRAINING VARIANTS AND PROGRAMS



**MADE
IN THE
USA**

SHOULDER CHEST HSSC3

W	63" (160 CM)	SHIP WEIGHT	655 LBS (297 KG)
L	45" (114 CM)	STACK WEIGHT	2 X 176 LBS (2 X 80 KG)
H	64" (163 CM)		



LAT PULLEY HSLP3

W	58" (147 CM)	SHIP WEIGHT	655 LBS (297 KG)
L	58" (147 CM)	STACK WEIGHT	2 X 176 LBS (2 X 80 KG)
H	83" (211 CM)		



ARM CRUNCH HSAC3

W	39" (99 CM)	SHIP WEIGHT	2 X 176 LBS (2 X 80 KG)
L	43" (109 CM)	STACK WEIGHT	655 LBS (297 KG)
H	68" (173 CM)		



PULL LIFT HSPL3

W	36" (91 CM)	SHIP WEIGHT	750 LBS (340 KG)
L	78" (198 CM)	STACK WEIGHT	2 X 176 LBS (2 X 80 KG)
H	95" (241 CM)		



TOTAL DELTS HSTD3

W	29" (74 CM)	SHIP WEIGHT	600 LBS (272 KG)
L	78" (198 CM)	STACK WEIGHT	2 X 176 LBS (2 X 80 KG)
H	64" (163 CM)		



TOTAL LEGS HSTL3

W	39" (99 CM)	SHIP WEIGHT	691 LBS (313 KG)
L	64" (163 CM)	STACK WEIGHT	2 X 176 LBS (2 X 80 KG)
H	65" (165 CM)		

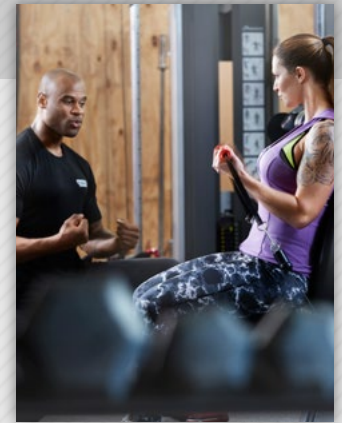
LOCK N LOAD®



Now weight selection is as easy as flipping a switch. The intuitive Lock N Load® design is easily recognizable. If you've ever flicked a light switch on and off, you'll immediately understand how it works. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation. Lock N Load prevents unnecessary maintenance and customer service headaches since there are no pins to lose or replace.

PROGRAMMING & TRAINING

Our team of Master Trainers have developed a wide variety of training variants and programs that come bundled with their own associated marketing kits. With programs for weight control, body building, tennis, golf and so much more, our programming will enable you to target new customer groups and attract new members to your facility.



AVAILABLE COLOR OPTIONS

OPTION 1

Upholstery



Black

Trim



Wood
Grain

Frame



Silver

OPTION 2

Upholstery



Black

Trim



Wood
Grain

Frame



White
Gloss

OPTION 3

Upholstery



Black

Trim



Carbon
Fiber

Frame



Textured
Black

BUILD ON GREATNESS

At **Core Health & Fitness**, when we brought together fitness brands to build our company, we settled for nothing but the best. Four iconic brands that pioneered entire categories and whose machines are still the ones **members ask for by name**. Today, we're committed to continuing the tradition that started decades ago – and that's greatness you can feel good about building your business on.



CORE HEALTH & FITNESS