

## **INNER THIGH**

**RS-1406** 





## **FEATURES**

- Range of motion adjustment accommodates starting position
- Starts the body in a decline position to enhance user comfort by facilitating hip abduction to open the thigh muscles while maintaining proper alignment of the spine
- The forward rocking movement reduces stress on the body by allowing the hips to naturally flex forward, while supporting the low back

## **SPECS**

- Product Dimensions L x W x H:
  68.25" (173 cm) x 37.50" (95 cm) x 56.50" (144 cm)
- Product Weight: 631 lbs (286 kg)
- Weight Stack: 190 lbs (86 kg)