

# Glute VS-S78



- ▶ Adjustable chest pad accommodates users of all sizes
- ▶ Low step height stabilization platform for ease of use
- Upright user position, contoured elbow pads & large foot pad for added user comfort
- Incremental weight

## ADJUSTMENTS

|   |                       |
|---|-----------------------|
| Adjustable Chest Pad                      | Telescoping Chest Pad |
| Color coded pivots & points of adjustment | Yes                   |

## FRAME & CABLES

|                    |   |
|--------------------|---|
| Machine anchoring  | Machine anchoring locations             |
| Cable transmission | Internally lubricated cables & fittings |
| Frame color        | Iced Silver                             |
| Frame finish       | Proprietary two-coat powder process     |

## TECH SPECS

|                                    |   |
|------------------------------------|---|
| Product Weight (Standard Stack)    | 237 kg / 520 lbs.                                       |
| Product Weight (Heavy Stack)       | 268 kg / 590 lbs.                                       |
| Overall dimensions                 | 177.8 x 99.9 x 167.1 cm / 70.0" x 39.3" x 65.8"         |
| Rep counter machine usage tracking | Service mode tracks total machine reps and hours of use |
| Rep counter battery life           | Approximately 3 years                                   |
| Rep counter power supply           | 2 AA batteries  |

## USER AMENITIES

|                      |  |
|----------------------|--|
| Placard color coding | Blue (lower body)  |
| Rear placards        | Color-coded machine identification & machine specific stretching                           |
| Rep counter          | Electronic counter displays reps, exercise time and rest time & provides towel holder hook |

|                  |  |
|------------------|--|
| Personal storage | Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)                                |
| Front placards   | Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements |

## **WEIGHT STACK**

|                           |                             |
|---------------------------|-----------------------------|
| Standard Stack            | 73 kg / 160 lbs.            |
| Heavy Stack               | 104 kg / 230 lbs.           |
| Weight plate increments   | 10 lbs (4.5 kg)             |
| Incremental weight system | 5 lbs (2.3 kg)              |
| Consistent stack height   | Yes                         |
| Weight stack guarding     | Full front and rear shields |